Staying Active

WORKSHEET

Günlük İngilizce Konuşma B1 · Ders 17

Name: _____ Class: _____ Date: _____

A Vocabulary

Match each word or phrase with its meaning. *(Her kelimeyi ya da ifadeyi anlamıyla eşleştirin.)*

1. sore	a) your own fastest time or best result
2. stamina	b) the energy to keep going for a long time
3. out of breath	c) to stop doing an activity
4. personal best	d) to do light exercise before a sport
5. warm up	e) a path through a forest or over mountains
6. give up	f) breathing very fast after hard exercise
7. trail	g) painful, especially after exercise

B Dialogue check

Read the dialogue again. Are these sentences true or false? *(Diyaloğu tekrar okuyun. Cümleler doğru mu, yanlış mı?)*

1. Merve has been a member of the gym for two months. ( )
2. Merve has already done two spinning classes. ( )
3. Merve has run more than five kilometres before. ( )
4. Daniel’s running group is for beginners. ( )
5. Daniel’s personal best for 10K is fifty minutes. ( )

C Grammar: ever, never, already, yet

Complete the sentences with ever, never, already or yet. *(Cümleleri ever, never, already ya da yet ile tamamlayın.)*

1. Have you _____ run a marathon?

2. I’ve _____ tried rock climbing, but I’d love to.
3. She hasn’t found a gym near her new flat _____ .
4. We’ve _____ paid for the course, so we can’t cancel it now.
5. Has Mert finished the race _____ ? I can’t see him.
6. This is the hardest workout I’ve _____ done!

D Word order

Put the words in the correct order to make sentences. *(Kelimeleri doğru sıraya koyarak cümle kurun.)*

1. *Have / ever / a / run / marathon? / you*

.....

2. *bought / I / shoes / haven’t / yet. / running*

.....

3. *race. / for / up / signed / a / I’ve / just*

.....

4. *to / in / shape. / get / I / want*

.....

5. *really / My / are / sore. / legs*

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