7. Sınıf İngilizce Sports Çalışma Kâğıdı – Sports Routines and Reasons

WORKSHEET

2026-2027 · Ünite 2: Sports · Alt tema: Sports Routines and Reasons

Name: _____ Class: _____ Date: _____

A Name the sport

Look at the pictures and write the names of the sports. *(Resimlere bakın ve sporların adlarını yazın.)*

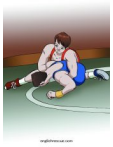
judo • skiing • wrestling • gymnastics • rock climbing • badminton



_____



_____



_____



_____



_____



_____

B plays, goes or does?

Complete with the correct form of play, go or do. *(play, go veya do fiilinin doğru biçimini kutudan seçerek yazın.)*

plays • goes • does • play • go • do

1. Every winter, my cousin _____ skiing on Palandöken Mountain.
2. Uncle Rıza _____ wrestling at the summer festival in Edirne.
3. We _____ handball in our PE lessons.
4. Do you _____ gymnastics at school?

5. My grandparents _____ hiking in the Kaçkar Mountains every August.

6. Sinan _____ tennis with his dad on Sunday mornings.

C Meet Sude, the goalkeeper

Read the text. Write T (true) or F (false). *(Metni okuyun. Cümleler doğru mu, yanlış mı?)*

> Sude Aydın is fourteen and she lives in Trabzon. She is the goalkeeper of her school's girls' football team. Her day starts early: she always gets up at half past six and goes jogging by the sea for twenty minutes. She does this every morning because she wants to be fit and fast. After school, she trains with her team three times a week. On the other days, she practises with her older brother in the garden; he kicks the ball and she tries to catch it. Sude eats healthy food and she never drinks fizzy drinks.
> Last season she had an injury on her hand, so she couldn't play for two months. It was hard, but she didn't give up. This year her team beat three strong teams in the tournament, and nobody scored against Sude in the final. Now there is a gold medal on her bedroom wall. Her dream is to play for the national team one day.

1. Sude goes jogging every morning because she wants to be fit and fast. ( )

2. She trains with her team every day. ( )

3. Her brother helps her practise at home. ( )

4. She sometimes drinks fizzy drinks. ( )

5. Her team won a gold medal this year. ( )

D Giving reasons

Choose the correct option. *(Doğru seçeneği işaretleyin.)*

1. Burak goes swimming every day ____ he wants to win a medal.

   a) so b) because c) but d) to

2. Nazlı had an injury, ____ she didn't play in the match.

   a) because b) to c) so d) or

3. My dad goes jogging in the morning ____ stay healthy.

   a) to b) because c) so d) for

4. The match ended 2–2. It was a ____.

a) medal b) spectator c) success d) draw

E A sports star’s routine

Write your answers. *(Cevaplarınızı yazın. Örnek cevaplar cevap anahtarındadır.)*

1. Choose a famous athlete from Türkiye or another country. Write about his/her routine. How often does he/she train? What does he/she eat? Why? (5–6 sentences)