..... OKULU

10. Sınıf İngilizce 1. Dönem 2. Yazılı Sınavı

2026-2027 Eğitim-Öğretim Yılı · Konular: School Life & Education, Classroom Life & Learning, Personal Life & Well-Being, Family Life & Home

Adı Soyadı		**Sınıfı / No**	
Süre	40 dakika	**Puan**	..... / 100

A Grammar and vocabulary

10 × 3 = 30 puan

Circle the correct option. *(Doğru seçeneği işaretleyin.)*

1. I ___ my homework yet, so I can’t go out.

   a) didn’t finish b) haven’t finished c) don’t finish d) wasn’t finishing

2. If you ___ enough sleep, you will feel tired all day.

   a) don’t get b) won’t get c) didn’t get d) not get

3. My parents let me ___ my own decisions.

   a) to make b) making c) make d) made

4. Getting regular exercise is good ___ your mental health.

   a) at b) for c) with d) in

5. A: I’ve been feeling stressed lately. / B: ___

   a) Congratulations! b) I don’t feel stressed.

   c) Why don’t you try going for a walk every day? d) You’re welcome.

6. This house ___ by my grandfather in 1975.

   a) built b) was built c) has built d) is building

7. She is the student ___ won the science competition.

   a) which b) where c) whose d) who

8. While I ___ for the exam, the lights went out.

   a) studied b) was studying c) am studying d) have studied

9. You ___ eat so much junk food. It’s unhealthy.

a) should b) shouldn’t c) must d) have to

10. Which one is a household responsibility?

a) attending a lecture b) getting a scholarship c) passing an exam d) taking out the rubbish

B Grammar

5 × 3 = 15 puan

Complete the sentences with the correct form of the verbs in brackets. *(Cümleleri parantez içindeki fiillerin doğru biçimiyle tamamlayın.)*

1. I _____ (never / fail) an exam before.
2. When I was a child, I _____ (hate) vegetables, but now I love them.
3. Our class _____ (visit) the science centre next Friday. Everything is planned.
4. My brother _____ (look) after our grandmother since she broke her leg.
5. All assignments _____ (must / hand in) before Monday.

C Vocabulary

5 × 2 = 10 puan

Match the words with their meanings. *(Kelimeleri anlamlarıyla eşleştirin.)*

1. well-being	a) ödev, görev
2. balanced diet	b) dengeli beslenme
3. sibling	c) kardeş
4. assignment	d) iyi olma hâli, esenlik
5. anxious	e) kaygılı

D Reading

5 × 5 = 25 puan

Read the text and answer the questions. *(Metni okuyun ve soruları cevaplayın.)*

For years, Kaan believed that being a good student meant studying until midnight. In tenth grade, he slept five hours a night, skipped breakfast and spent his weekends with test books. His grades were not bad, but he often felt exhausted and anxious, and he started getting headaches.

One day, his school counsellor asked him a simple question: “When did you last do something just for fun?” Kaan couldn’t remember. With the counsellor’s help, he made a new plan. He started going to bed before eleven, eating a proper breakfast and playing basketball twice a week. He also used a technique called “time blocking”: he studied in 40-minute blocks with ten-minute breaks and no phone on the desk.

Surprisingly, he studied fewer hours but learned more. Three months later, his headaches had disappeared and his marks had gone up. Now Kaan tells younger students that rest is not a waste of time; it is part of learning.

1. What was Kaan’s problem at the beginning?

a) He didn’t study at all.

b) He studied too much and didn’t rest enough.

c) He didn’t like basketball.

d) He had bad friends.

2. Who helped Kaan change his routine?

a) his coach

b) his brother

c) the school counsellor

d) a doctor

3. Which is NOT part of Kaan’s new plan?

a) studying with his phone on the desk

b) going to bed earlier

c) eating breakfast

d) doing sport

4. What happened after three months?

a) He stopped playing basketball.

b) He failed his exams.

c) He changed schools.

d) His headaches stopped and his grades improved.

5. What is the main message of the text?

a) Students should never study at night.

b) Rest and healthy habits support learning.

c) Basketball is the best sport.

d) Counsellors give a lot of homework.

E Writing

1 × 20 = 20 puan

Write a paragraph. *(Bir paragraf yazın.)*

1. Write a paragraph about your responsibilities at home and at school. How do you balance them? Use linking words such as “first”, “also”, “however”, “finally”. (7–8 sentences)

Başarılar dileriz. · English Teacher