Wiggle and Shake: A Body Chant

Seviye A0–A1 · Dinleme · Konuşma

Warm-up

- Can you touch your nose?
- How many hands have you got?
- Do you like dancing?

Wiggle and Shake

Shake, shake, shake your hands, — Salla, salla, ellerini salla,
Shake them high and shake them low, — Onları yukarıda salla, aşağıda salla,
Wiggle, wiggle, wiggle your toes, — Kıpırdat, kıpırdat, ayak parmaklarını kıpırdat,
Touch your knees and touch your nose! — Dizlerine dokun, burnuna dokun!

Blink, blink, blink your eyes, — Kırp, kırp, gözlerini kırp,
Reach your arms up to the skies! — Kollarını gökyüzüne uzat!
Stamp, stamp, stamp your feet, — Vur, vur, ayaklarını vur,
Clap your hands to the beat! — Ritme göre ellerini çırp!

Turn around and bend your knees, — Etrafında dön ve dizlerini bük,
Touch your shoulders, if you please! — Lütfen omuzlarına dokun!
Stretch up tall, then sit down low, — Uzan, uzun boylu ol, sonra yere otur,
Wiggle and shake, and now we go! — Kıpırda ve sallan, şimdi başlıyoruz!

Vocabulary

English	Türkçe	Example
hand	el	*Shake your hands.*
toe	ayak parmağı	*Wiggle your toes.*

knee	diz	*Touch your knees.*
nose	burun	*My nose is small.*
eye	göz	*Blink your eyes.*
foot / feet	ayak / ayaklar	*Stamp your feet.*
arm	kol	*Reach your arms up.*
shoulder	omuz	*Touch your shoulders.*

Reading

This chant is a moving chant. You can't sit still! Listen to the words and move your body.

(How to play: Stand up with space around you. Do every action in the chant: shake your hands, wiggle your toes, touch your knees and nose, blink, stamp and clap. Say it slowly first, then faster and faster!)

Language focus

Kalıp	Örnek
Fiil + your + vücut bölümü	Touch your nose.
Shake your hands.	Blink your eyes.
Tekil / çoğul	one foot – two feet / one knee – two knees

Discussion

1. How many eyes have you got?
2. Can you touch your toes?
3. Which action in the chant is your favourite?

Tasks

Choose the correct answer. *(Doğru seçeneği işaretleyin.)*

1. What do we do with our eyes in the chant?

   a) Stamp
   b) Shake
   c) Blink

Fill in the blanks. *(Boşlukları doldurun.)*

2. Touch your knees and touch your _____!

3. Touch your _____, if you please!

Write True (T) or False (F). *(Doğru mu yanlış mı?)*

4. In the chant, we stamp our feet. ( )

Match the items. *(Eşleştirin.)*

5. Match the action and the body part.

   1. wiggle ( )
   2. blink ( )
   3. stamp ( )
   4. clap ( )

   a) toes
   b) eyes
   c) hands
   d) feet

Put the parts in the correct order. *(Doğru sıraya koyun.)*

6. Put the words in order.

   Reach / arms / your / skies! / to / the / up

Speaking tasks. *(Konuşma görevleri: sınıfta sözlü yapın.)*

7. Sing the chant with a friend. Then give your friend three orders: "Touch your ...!"