Screen Time – Tasks

Konu: Screen Time · 7 soru

Ad Soyad		Sınıf / No	
Tarih		Puan	

Choose the correct answer. *(Doğru seçeneği işaretleyin.)*

1. Why can screens before bed make sleeping difficult?

a) The sound is too loud

b) Blue light tells the brain it is daytime

c) Videos are too long

d) Phones get hot

Fill in the blanks. *(Boşlukları doldurun.)*

2. I can't sleep. I drank _____ coffee today.

3. There are _____ notifications on my phone. I turned them off.

Write True (T) or False (F). *(Doğru mu yanlış mı?)*

4. According to the text, all screen time is a waste of time. ( )

Match the items. *(Eşleştirin.)*

5. Match the words with their meanings.

1. habit ( )

2. expert ( )

3. suggest ( )

4. scroll ( )

a) move text or images up and down on a screen

b) a person who knows a lot about a subject

c) give an idea or a plan

d) something you do regularly

Write your answers. *(Cevaplarınızı yazın.)*

6. Write 3–4 sentences: How could you reduce your screen time?

Speaking tasks. *(Konuşma görevleri: sınıfta sözlü yapın.)*

7. Tell a partner about your screen habits. Use “too much”, “too many” or “not enough”.